

Course Outline (Higher Education)

Faculty: Faculty of Education and Arts

Course Title: HEALTH AND WELLBEING IN DIVERSE COMMUNITIES

Course ID: CHSUG3003

Credit Points: 15.00

Prerequisite(s): (Two Introductory level (1000-1999) courses)

Co-requisite(s): Nil

Exclusion(s): (WELSI2200)

ASCED Code: 090515

Description of the Course :

This course explores the social, political and cultural issues related to physical and mental health and wellbeing in Australian and International communities. These issues will be explored within the lens of the social origins of health. It will critique the bio-medical origins of health and explore alternative theoretical frameworks, such as social determinants of health, social origins of health, psychosocial and ecological practice models. Particular attention will be given to social determinants of health and how race, ethnicity, sexuality, gender and trauma impact on the wellbeing of communities. It will explore how health policy impacts on different and diverse communities and their impact on health equity and access to services for differently placed individuals and communities.

Grade Scheme:

Graded (HD, D, C, etc.)

Program Level:

AQF Level of Program						
	5	6	7	8	9	10
Level						
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	■	■	■
Advanced	■	■	✓	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Examine health and mental health issues from a variety of perspectives including; practitioners, serviceusers and consumer advocates, locally, nationally and internationally.
- K2.** Define what is meant by good health, mental health and wellbeing and how these definitions are socially constructed.
- K3.** Identify social, cultural, political and economic structural factors in the health and mental wellbeing of all peoples.

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- K4.** Critically evaluate policies and practices that influence the health and mental health agenda and their impact on equity and access issues.

Skills:

- S1.** Develop research skills by exploring literature, key concepts and contemporary developments.
- S2.** Communicate social determinants of health to a variety of audiences.
- S3.** Describe and explain a variety of perspectives about health, mental health and wellbeing to a broad audience.

Application of knowledge and skills:

- A1.** Apply contemporary perspectives about health, mental health and wellbeing to practices in community and human services.
- A2.** Communicate with a variety of individuals and communities around the social determinants of health.

Course Content:

Topics may include:

- Conceptualizing Health and Wellbeing: introducing theory and policy frameworks
 - The bio-medical model/social origins of health/social determinants of health
 - Constructions of health and wellbeing in health policy
 - Equality equity and social determinants of health.
- Practice of Health and wellbeing in diverse settings including indigenous populations, migrants and refugees
 - Race, racism and culture in health settings
 - Identity, and sexuality
 - Gendered violence in diverse communities
 - Re-traumatisation by the system
 - Poverty, class and health
 - Disability
 - Substance abuse and addiction.
- Health and wellbeing practice frameworks when working with diverse communities
 - Health promotion and health literacy
 - Trauma informed practice
 - Holistic/cultural inclusivity and sensitivity
 - Person in place.

Values:

- V1.** Develop an attitude of scholarly enquiry and an enthusiasm for knowledge about health mental health and wellbeing
- V2.** Apply principles of self-directed learning in a co-operative education environment
- V3.** Develop attitudes to change which reflect real world scenarios.

Graduate Attributes:

FedUni graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical, creative and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens.

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Attribute	Brief Description	Focus
Knowledge, skills and competence	Students engage with contemporary debates which impact the lives of individuals and communities	Medium
Critical, creative and enquiring learners	Students engage with current developments which impact practice frameworks	High
Capable, flexible and work ready	Students communicate contemporary developments and practice frameworks to colleagues, individuals and communities	High
Responsible, ethical and engaged citizens	Students engage with individuals in terms of positive wellbeing	High

Learning Task and Assessment:

Learning Outcomes Assessed	Learning Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, A1, A2	Analyse and critique the theoretical underpinnings of an identified contemporary healthy policy/intervention in Australia or international context	Discussion/White Paper	25-35%
K1, K2, K3, S1, S2, A1, A2	Identify 2-3 critical health indicators within Australian society for which there is an identified disparity between mainstream community outcomes and those of an identified diverse community/group	Report	30-40%
K1, K2, K4, S1, S2, S3, A1	In this assessment you are required to present a psycho social approach to practice within an identified community/group	Essay	30-40%

Adopted Reference Style:

APA