



Course Outline (Higher Education)

School:	School of Education
Course Title:	SWIMMING AND WATER SAFETY EDUCATION
Course ID:	EDHPE1001
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	070301

Description of the Course :

This course introduces students to swimming and water safety in an educational context. Students will develop an understanding of swimming and survival techniques, teaching strategies, teaching sequences and development strategies. Students will develop the ability to observe and assess causes of faulty technique and apply effective teaching practices and strategies to correct identified faults. In addition, students will be exposed to a range of teaching and learning activities and strategies that can be implemented to address the learning needs and specific abilities of a range of individuals and groups within different aquatic contexts and environments. Content: water discovery, safety and awareness; entries and exists; survival strategies and techniques; rescue; stroke exploration and stroke development; environmental assessment; aquatic recreation and challenge; and preparation and planning of aquatic sessions.

Grade Scheme: Graded (HD, D, C, etc.)

Program Level:

Level of course in Program	AQF Level of Program					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	✓	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Learning Outcomes:

Knowledge:

K1. Appraise and critique swimming and survival techniques for the purposes of recreation, safety and sport.

- K2.** Identify and apply water safety, swim teaching sequences and correction strategies appropriate to a range of swimming abilities.
- K3.** Discuss effective teaching approaches, strategies and resources that can be adopted within aquatic environments to meet the needs of specific abilities and learning requirements for a range of individuals and groups.
- K4.** Identify the safety guidelines and legislative requirements associated with taking students into aquatic environments.

Skills:

- S1.** Analyse aquatic techniques through observation to determine fault (if any) and apply appropriate teaching and correctional strategies
- S2.** Develop and participate in teaching and learning activities in aquatic environments
- S3.** Analyse and evaluate the suitability of aquatic environment venues for educational purposes
- S4.** Participate in and perform recreational and challenge activities in aquatic environments.

Application of knowledge and skills:

- A1.** Critically analyse and evaluate the swimming techniques of swimmers of ranging ability, and clearly provide feedback to help the swimmer improve their level of skill and performance
- A2.** Proficiently perform aquatic survival skills in a range of environments
- A3.** Adopt the role of a teacher, assess a range of environmental conditions and consider a range of potential safety measures to put in place while conducting aquatic activities
- A4.** Plan and justify a swimming or water safety class for a specific educational context

Course Content:

Topics may include:

- Water discovery, safety and awareness
- Entries and exits
- Survival strategies and techniques
- Rescue
- Stroke exploration and stroke development
- Preparation and planning of aquatic sessions that address the following:
 - Demonstrate a range of teaching strategies that effectively deliver relevant content and that differentiate for the learning needs of a full range of students
 - Use a variety of communication (verbal and non-verbal) strategies to support student engagement
 - Incorporate timely and appropriate feedback to students about their learning.
- Aquatic recreation and challenge.

Values:

- V1.** Recognise the importance of developing correct and efficient technique as a basis to swimming and water safety
- V2.** Appreciate the significance of swimming and water safety in terms of safety, health and lifelong social importance within the Australian community
- V3.** Recognise the need for thorough preparation and planning of aquatic sessions to address specific populations and purposes

Graduate Attributes

The Federation University FedUni graduate attributes (GA) are entrenched in the Higher Education Graduate Attributes Policy (LT1228). FedUni graduates develop these graduate attributes through their engagement in explicit learning and teaching and assessment tasks that are embedded in all FedUni programs. Graduate attribute attainment typically follows an incremental development process mapped through program progression. **One or more graduate attributes must be evident in the specified learning outcomes and assessment for each FedUni course, and all attributes must be directly assessed in each program**

Graduate attribute and descriptor		Development and acquisition of GAs in the course			
		Learning Outcomes (KSA)	Code A. Direct B. Indirect N/A Not addressed	Assessment task (AT#)	Code A. Certain B. Likely C. Possible N/A Not likely
GA 1 Thinkers	Our graduates are curious, reflective and critical. Able to analyse the world in a way that generates valued insights, they are change makers seeking and creating new solutions.	K1; K3; S1; S3; A1; A4	A	AT1; AT2	A
GA 2 Innovators	Our graduates have ideas and are able to realise their dreams. They think and act creatively to achieve and inspire positive change.	K3; S2; A3; A4	B	AT1; AT2	C
GA 3 Citizens	Our graduates engage in socially and culturally appropriate ways to advance individual, community and global well-being. They are socially and environmentally aware, acting ethically, equitably and compassionately.	K2; K3; K4; S2; A1; A3	A	AT1; AT2; AT3; AT4	B
GA 4 Communicators	Our graduates create, exchange, impart and convey information, ideas, and concepts effectively. They are respectful, inclusive and empathetic towards their audience, and express thoughts, feelings and information in ways that help others to understand.	K1; K3; S2; A1	B	AT1	C
GA 5 Leaders	Our graduates display and promote positive behaviours, and aspire to make a difference. They act with integrity, are receptive to alternatives and foster sustainable and resilient practices.	K3; S3; A3; A4	B	AT1; AT4	C

Learning Task and Assessment:

Learning Outcomes Assessed	Learning Tasks	Assessment Type	Weighting
K1, K2, K3, K4, S2, A4; APST: 1.5, 2.1 3.3	Development of swimming and/or water safety resources for teaching.	Teaching Resource	30-50%
K1, K2, K3, S1, A1; APST: 1.5, 3.5, 5.2	Analyse aquatic technique through observation to identify positive and/or fault causing attributes. Indicate appropriate progressions and/or drills for development and improvement.	Aquatic Analysis	30-50%
K1, K2, K3, K4; APST: 4.4	Review and apply aquatic concepts, theories, and safety guidelines/legislation presented in the entire course to a variety of aquatic settings and contexts.	Class Test	20-40%

Learning Outcomes Assessed	Learning Tasks	Assessment Type	Weighting
S3, S4, A2, A3	Active Participation in key sessions visiting outdoor aquatic environments and sessions linked to assessment tasks.	Hurdle task	S/U

Adopted Reference Style:

APA