Course Outline (Higher Education)

School:	School of Education
Course Title:	RELATIONSHIPS, SEXUALITY AND COMMUNICATION
Course ID:	EDHPE2001
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	070199

Description of the Course :

Students will be able to investigate various types and benefits of relationships, along with the role empathy and ethical decision-making has on respectful relationships. The course is designed to encourage confidence in exploring and discussing issues related to relationships and sexuality, and to promote skill and creativity in approaches to sexuality education. Biological, behavioural and socio-cultural perspective will be used to exam sexuality. Also throughout the course, students will be required to identify, develop and evaluate the skills required to communicate effectively with others. Students will be provided with the opportunity to teach, practise and reflect on the role communication skills have in personal and professional life, and in application within education and health settings.

Grade Scheme:	Graded (HD, D, C, etc.)

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the course but gained a final mark of 45 per cent or above and submitted all major assessment tasks.

Program Level:

Level of course in Program	AQF Level of Program					
	5	6	7	8	9	10
Introductory						
Intermediate			✔			
Advanced						

Learning Outcomes:

Knowledge:

K1. Describe key characteristics of healthy and respectful relationships and the impact on health and well-being, and development

K2. Investigate various types and benefits of relationships including intimate and sexual relationships, along with the role empathy and ethical decision-making has on respectful relationships.

K3. Identify effective communication strategies and techniques as well as discuss enablers and barriers and the impacts these have on our interactions with others.

K4. Analyse key aspects of effective interpersonal communication in various contexts including; intercultural and inclusive communication and the safe, responsible and ethical use of ICT.

K5. Establish and discuss factors impacting on human sexuality and sexual health including sexual behaviour, sexual ethics, morality, & laws.

Skills:

S1. Develop basic skills necessary for effective communication with others and for developing and maintaining effective interpersonal relationships

S2. Openly, effectively, and safely communicate in various types of relationships and through various channels including using ICT

S3. Critically analyse current literature in sexuality related issues.

Application of knowledge and skills:

A1. Use active listening techniques and effective questioning skills to enhance understanding and show empathy in interpersonal interactions

A2. Use proven communication techniques and conflict resolution skills to deal with difficult situations in teaching, professional and health contexts.

A3. Design, implement and facilitate participation in learning activities related to sexuality or/and interpersonal communication.

Course Content:

Communication including:

- Communication models; Communication strategies and techniques; Enablers and barriers to effective communication; Language in context; Communication technology etiquette and social media; Intercultural communication & cultural safety; Inclusive communication

Interpersonal Communication

- Self-awareness and impact of our interactions with others; Verbal and non-verbal communication; Active listening and questioning skills; Therapeutic and helping skills; Empathy vs Sympathy; Ethical decision making in communication; Assertive, passive and aggressive communication and its impacts; Interviewing skills

Working with others and inter-professional skills

- Group processes and dynamics; Effective group membership and leadership; Teamwork; Conflict resolution skills; Negotiation & Persuasion; Networking and advocacy; Maintaining professional relationships

Sexuality across the lifespan, with a focus on adolescence.

- **Developmental aspects of Sexuality**
    - construction of sexuality and gender; sexual orientation; sexual development through the lifespan

- **Biological aspects of sexuality**
  - sexual anatomy and physiology; human reproduction; sexual health
- **Socio-cultural aspects of sexuality**
  - historical, cultural and religious influences; love, intimacy and relationships
- **Behavioural aspects of sexuality**
  - sexual behaviour; commercialisation of sex;

Values:

V1.   Accept responsibility for developing more effective interpersonal skill.

V2.   Appreciate the importance of effective communication skills in teaching and other helping professions.

V3.   Accept and encourage participation and input from others in a cooperative learning environment and while appreciating diversity

V4.   Clarify values and attitudes regarding human sexuality and related issues

Graduate Attributes

The Federation University FedUni graduate attributes (GA) are entrenched in the Higher Education Graduate Attributes Policy (LT1228). FedUni graduates develop these graduate attributes through their engagement in explicit learning and teaching and assessment tasks that are embedded in all FedUni programs. Graduate attribute attainment typically follows an incremental development process mapped through program progression. **One or more graduate attributes must be evident in the specified learning outcomes and assessment for each FedUni course, and all attributes must be directly assessed in each program**

Graduate attribute and descriptor		Development and acquisition of GAs in the course			
		Learning Outcomes (KSA)	**Code** A. Direct B. Indirect N/A Not addressed	**Assessment task (AT#)**	**Code** A. Certain B. Likely C. Possible N/A Not likely
GA 1 Thinkers	Our graduates are curious, reflective and critical. Able to analyse the world in a way that generates valued insights, they are change makers seeking and creating new solutions.	K1; K2; K3; K4; K5; S1; S2; S3; A1; A2; A3	A; B	AT1; AT2; AT3	A
GA 2 Innovators	Our graduates have ideas and are able to realise their dreams. They think and act creatively to achieve and inspire positive change.	K2; K3; K4; S1; S2; A1; A2; A3	B	AT1; AT2	B
GA 3 Citizens	Our graduates engage in socially and culturally appropriate ways to advance individual, community and global well-being. They are socially and environmentally aware, acting ethically, equitably and compassionately.	K1; K2; K3; K4; K5; S1; S2; S3; A1; A2; A3	A	AT1; AT2; AT3	A

Graduate attribute and descriptor		Development and acquisition of GAs in the course			
		Learning Outcomes (KSA)	**Code** A. Direct B. Indirect N/A Not addressed	**Assessment task (AT#)**	**Code** A. Certain B. Likely C. Possible N/A Not likely
GA 4 Communicators	Our graduates create, exchange, impart and convey information, ideas, and concepts effectively. They are respectful, inclusive and empathetic towards their audience, and express thoughts, feelings and information in ways that help others to understand.	K1; K3; K4; K5; S1; S2; S3; A1; A2; A3	A	AT1	A
GA 5 Leaders	Our graduates display and promote positive behaviours, and aspire to make a difference. They act with integrity, are receptive to alternatives and foster sustainable and resilient practices.	K1; K2; K3; K4; K5; S1; S2; S3; A1; A2; A3	A	AT1; AT2; AT3	A

Learning Task and Assessment:

Learning Outcomes Assessed	Learning Tasks	Assessment Type	Weighting
K1, K2, K3, K4, K5; S1, S2, S3; A1, A2, A3 APST 2.1; 3.2; 3.3; 4.2; 4.5	Planning, researching and organise classroom activities to conduct a seminar/workshop	Presentation	20-40%
K1, K2, K3, K4, K5; S3; APST 2.1	Identifying, researching, planning and writing an academic paper	Essay	30-50%
K1, K2, K3, K4, K5; S1, S2, S3 APST 4.5	Revision of lectures, tutorial material, and weekly readings	Examination	30-40%

Adopted Reference Style:

APA