

Course Outline (Higher Education)

School:	School of Education
Course Title:	RESPONDING TO CHALLENGE: TRAUMA INFORMED PRACTICE
Course ID:	HENAE1119
Credit Points:	0.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	070303

Description of the Course:

This course consists of 10 modules and is not assessed. This course is designed to develop knowledge ways in which trauma experiences can impact mental health, social and emotional wellbeing, behaviour and learning within school contexts. Trauma can affect behaviour presentations, the capacity to self-regulate and the ability to form trusting relationships with others, creating the need for teachers to manage safety, support wellbeing and co-regulate behaviour. Underpinning the content of the course is the understanding that effective teachers manage challenging behaviour through supportive, responsive techniques rather than coercive or punitive measures. Within this course, brain-based insights, relationship-based approaches and responsive teaching methods are explored to identify effective strategies for establishing a safe, supportive learning environment for all students. This includes learners who have experienced harm, (physical, mental, social and/or emotional), are at risk of harm, or have caused harm to others.

A range of universal, targeted and individual strategies for supporting communication, wellbeing, participation, engagement and achievement will be investigated through a trauma-informed, multi-tiered approach to planning. Students will examine relationships between wellbeing, behaviour and learning to enhance an understanding of the nuances of characteristics, causes and presentation of learning challenges, social disruptions and problematic behaviours. Particular attention will be given to examining trauma-informed pedagogies and implications of legislative requirements, government and community initiatives and whole school approaches.

Grade Scheme: Ungraded (S, UN)

Work Experience:

No work experience: Student is not undertaking work experience in industry.

Placement Component: No

Learning Outcomes:

Knowledge:

- K1.** Examine current frameworks that support planning and development of welfare and behaviour policies and documents.
- K2.** Recognise characteristics and indicators of trauma, mental health concerns and challenging behaviour in learners.
- K3.** Describe ways in which trauma, mental health, social and emotional wellbeing and behaviour can affect learners and impact learning access and participation.
- K4.** Explain a range of preventative and responsive strategies for supporting learners and managing problematic incidents.

Skills:

- S1.** Analyse the impact of attitudes, language and communication on learner participation and engagement.
- S2.** Examine a range of policies, practices and pedagogical approaches that build safe, supportive schools.
- S3.** Investigate the functional underpinnings of trauma, mental health and behaviour within an inclusive educational approach

Application of knowledge and skills:

- A1.** Examine and discuss approaches and frameworks for managing wellbeing and behaviour concerns.

Course Content:

Complete all 10 modules

Module 1A HENAE 1109 Trauma Informed Practice: Introduction

Module 1B HENAE 1110 Trauma Informed Practice: Tools and strategies in the classroom

Module 1C HENAE 1111 Trauma Informed Practice: Neurology, development and behaviour

Module 1D HENAE 1112 Trauma Informed Practice: Practical Approaches and Practices

Module 2A. HENAE 1113 Trauma Informed Practice: The Challenge of Trauma and Child Safety

Module 2B HENAE 1114 Trauma Informed Practice: Emotional and Sensory Regulation

Module 2C HENAE 1115 Trauma Informed Practice: Growing Positive Attitudes

Module 2D HENAE 1116 Trauma Informed Practice: Positive, Preventative Strategies of Support

Module 2E HENAE 1117 Trauma Informed Practice: Personalised Planning for Extreme Challenge

Module 2F HENAE 1118 Trauma Informed Practice: Creating a Trauma Sensitive Classroom

The modules are not assessed.

Values:

- V1.** Appreciate attitudes of acceptance and strategies required to support learners in a safe and respectful atmosphere
- V2.** Recognise the importance of respect, a sense of belonging, the right to learn and access to support when needed within educational settings.

Learning Task and Assessment:

- V1.** Appreciate attitudes of acceptance and strategies required to support learners in a safe and respectful atmosphere
- V2.** Recognise the importance of respect, a sense of belonging, the right to learn and access to support when needed within educational settings.

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

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