



Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	HUMAN BEHAVIOUR IN THE MODERN WORLD
Unit ID:	BEHAV1001
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	(ATSGC1840 and PSYCB1002 and PSYCB1102)
ASCED:	090701

Description of the Unit:

This unit provides an introduction to understanding human behaviour and, as such, considers a range of psychological concepts that have direct application to everyday life and adjustment to the modern world. Topics include stress and health, psychological disorders and therapies, motivation, emotion, and behaviour change. Students will be encouraged to apply the topics to their own lives and act as their own case studies. Taking a critical, scientific approach, students also explore how human behaviour can be changed.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience: Student is not undertaking work experience in industry.

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	✓	■	■	■
Intermediate	■	■	■	■	■	■

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Advanced	■	■	■	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Identify and describe a range of psychological concepts and how they can be applied to describe, explain, predict and control human behaviour
- K2.** Recognise the relevance of psychology to everyday
- K3.** Outline the dominant theories of psychotherapy and the processes by which they are applied

Skills:

- S1.** Competently outline the means by which individuals can effect positive change in their own lives, and the link between physical and psychological health
- S2.** Critically evaluate theories of behaviour change and their usefulness in everyday life scenarios
- S3.** Identify and critique the evidence used to support current approaches to psychology

Application of knowledge and skills:

- A1.** Adopt a scientific approach to psychology
- A2.** Build a foundation upon which to undertake further studies in psychology, counselling and related fields
- A3.** Effectively communicate their own, and others, research ideas in written reports and presentations

Unit Content:

This may include:

Topics may include:

- Stress and health
- Psychological disorders and therapies
- Motivation
- Emotion
- Behaviour change
- Discipline-specific exercises based on application of theory in the students assessment task
- Exploring the role of scientific enquiry in psychology

Graduate Attributes

The Federation University Federation graduate attributes (GA) are entrenched in the [Higher Education Graduate Attributes Policy](#) (LT1228). FedUni graduates develop these graduate attributes through their engagement in

explicit learning and teaching and assessment tasks that are embedded in all FedUni Courses. Graduate attribute attainment typically follows an incremental development process mapped through Course progression.

One or more graduate attributes must be evident in the specified learning outcomes and assessment for each FedUni Unit, and all attributes must be directly assessed in each Course

Graduate attribute and descriptor		Development and acquisition of GAs in the Unit	
		Learning Outcomes (KSA)	Assessment task (AT#)
GA 1 Thinkers	Our graduates are curious, reflective and critical. Able to analyse the world in a way that generates valued insights, they are change makers seeking and creating new solutions.	K1-3, S1-3, A1, A3	AT1, AT2, AT3
GA 2 Innovators	Our graduates have ideas and are able to realise their dreams. They think and act creatively to achieve and inspire positive change.	K1, K2, S1-3, A1	AT2
GA 3 Citizens	Our graduates engage in socially and culturally appropriate ways to advance individual, community and global well-being. They are socially and environmentally aware, acting ethically, equitably and compassionately.	K1, K2, S1-3, A1	AT1-3
GA 4 Communicators	Our graduates create, exchange, impart and convey information, ideas, and concepts effectively. They are respectful, inclusive and empathetic towards their audience, and express thoughts, feelings and information in ways that help others to understand.	K1, K3, S1, A3	AT2
GA 5 Leaders	Our graduates display and promote positive behaviours, and aspire to make a difference. They act with integrity, are receptive to alternatives and foster sustainable and resilient practices.	K1	AT2

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1-K3, S1-S3, A1-A2	Demonstrate and apply knowledge from the required readings, lectures and tutorials in response to questions	Quizzes	15-25%
K1-K3, S1-S3, A1-A3	Independently research and apply appropriate psychological knowledge to the development of an intervention	Behaviour Change Intervention	35-45%
K1-K2, S2-S3, A1-A2	Demonstrate and apply knowledge from the required readings, lectures and tutorials in response to questions	End of Semester Test	35-45%

Alignment to the Minimum Co-Operative Standards (MiCS)

The Minimum Co-Operative Standards (MiCS) are an integral part of the Co-Operative University Model. Seven criteria inform the MiCS alignment at a Course level. Although Units must undertake MiCS mapping, there is NO expectation that Units will meet all seven criteria. The criteria are as follows:

1. Co-design with industry and students
2. Co-develop with industry and students
3. Co-deliver with industry
4. FedTASK alignment
5. Workplace learning and career preparation
6. Authentic assessment
7. Industry-link/Industry facing experience

MiCS Course level reporting highlights how each Course embraces the principles and practices associated with the Co-Operative Model. Evidence of Course alignment with the MiCS, can be captured in the Course Modification Form.

MICS Mapping has been undertaken for this Unit No

Date:

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)