



Course Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Course Title:	HUMAN BEHAVIOUR IN THE MODERN WORLD
Course ID:	BEHAV5001
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	090701

Description of the Course:

This course provides an introduction to understanding human behaviour and, as such, considers a range of psychological concepts that have direct application to everyday life and adjustment to the modern world. Topics include stress and health, psychological disorders and therapies, motivation, emotion, and behaviour change. Students will be encouraged to apply the topics to their own lives and act as their own case studies. Taking a critical, scientific approach, students also explore how human behaviour can be changed.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the course but gained a final mark of 45 per cent or above and submitted all major assessment tasks.

Program Level:

Level of course in Program	AQF Level of Program					
	5	6	7	8	9	10
Introductory				✓		
Intermediate						
Advanced						

Learning Outcomes:

On successful completion of the course the students are expected to be able to:

Knowledge:

- K1.** Identify and describe a range of psychological concepts and how they can be applied to describe, explain, predict and control human behaviour
- K2.** Recognise the relevance of psychology to everyday life
- K3.** Outline the dominant theories of psychotherapy and the processes by which they are applied

Skills:

- S1.** Competently outline the means by which individuals can effect positive change in their own lives, and the link between physical and psychological health
- S2.** Critically evaluate theories of behaviour change and their usefulness in everyday life scenarios
- S3.** Identify and critique the evidence used to support current approaches to psychology

Application of knowledge and skills:

- A1.** Adopt a scientific approach to psychology
- A2.** Build a foundation upon which to undertake further studies in psychology, counselling and related fields
- A3.** Effectively communicate their own, and others, research ideas in written reports and presentations

Course Content:

Topics may include:

- Stress and health
- Psychological disorders and therapies
- Motivation
- Emotion
- Behaviour change
- Discipline-specific exercises based on application of theory in the students assessment task
- Exploring the role of scientific enquiry in psychology

Values:

- V1.** Appreciate theoretical approaches that aid in understanding differing types of people;
- V2.** Express intellectual inquisitiveness and thoroughness;
- V3.** Display a sense of personal agency;
- V4.** Demonstrate respect for other students, their opinions and backgrounds; and,
- V5.** Be responsible for correct standards in writing, research, and citation.

Graduate Attributes

The Federation University Federation graduate attributes (GA) are entrenched in the [Higher Education Graduate Attributes Policy](#) (LT1228). FedUni graduates develop these graduate attributes through their engagement in explicit learning and teaching and assessment tasks that are embedded in all FedUni programs. Graduate attribute attainment typically follows an incremental development process mapped through program progression. **One or more graduate attributes must be evident in the specified learning outcomes and assessment for each FedUni course, and all attributes must be directly assessed in each program**

Graduate attribute and descriptor		Development and acquisition of GAs in the course	
		Learning Outcomes (KSA)	Assessment task (AT#)
GA 1 Thinkers	Our graduates are curious, reflective and critical. Able to analyse the world in a way that generates valued insights, they are change makers seeking and creating new solutions.	K1-3, S1-3, A1, A3	AT1, AT2, AT3
GA 2 Innovators	Our graduates have ideas and are able to realise their dreams. They think and act creatively to achieve and inspire positive change.	K1, K2, S1-3, A1	AT2
GA 3 Citizens	Our graduates engage in socially and culturally appropriate ways to advance individual, community and global well-being. They are socially and environmentally aware, acting ethically, equitably and compassionately.	K1, K2, S1-3, A1	AT1-3
GA 4 Communicators	Our graduates create, exchange, impart and convey information, ideas, and concepts effectively. They are respectful, inclusive and empathetic towards their audience, and express thoughts, feelings and information in ways that help others to understand.	K1, K3, S1, A3	AT2
GA 5 Leaders	Our graduates display and promote positive behaviours, and aspire to make a difference. They act with integrity, are receptive to alternatives and foster sustainable and resilient practices.	K1	AT2

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1-K3, S1-S3, A1-A2	Demonstrate and apply knowledge from the required readings, lectures and tutorials in response to questions	Quizzes	15-25%
K1-K3, S1-S3, A1-A3	Independently research and apply appropriate psychological knowledge to the development of an intervention	Behaviour Change Intervention	35-45%
K1-K2, S2-S3, A1-A2	Demonstrate and apply knowledge from the required readings, lectures and tutorials in response to questions	Examination	35-45%

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)