



Course Outline

HCNUR1031 POPULATION HEALTH 1

Title: POPULATION HEALTH 1

Code: HCNUR1031

School / Division: School of Health Sciences

Level: Introductory

Pre-requisites: Nil

Co-requisites: Nil

Exclusions: Nil

Progress Units: 15

ASCED Code: 060301

Objectives:

After successfully completing this course, students should be able to:

Knowledge:

- Know the meanings of health and well-being for individuals, groups, communities and populations
- Understand the concepts of individual, group, community and population health
- Discuss the factors which influence individual, group, community and population health
- Describe the measures applied to determine health status
- Describe the diverse roles of nurses working with individuals, groups communities and populations with health and nursing needs

Skills:

- Apply measurements of health to individuals, groups, communities and population
- Use various forms of media to research and present information about the health of individuals, groups, communities and populations

Values:

- Appreciate the factors that impact upon health of individuals, groups, communities and populations in Australia and across the world
- Understand the role of the nurse caring for individuals, groups, communities and populations with health and nursing needs

Content:

Topics may include:

- Meanings of health for individuals, groups, communities and populations
- Introduction to the concept of physical and mental health and well being for individuals,



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- groups, communities and populations
- Government structure, function and responsibilities in population health including policy development, political mandates and issues, health care systems, funding streams and competing needs
- Determinants of health “ including social, economic, environmental, cultural, behavioural and chronological facets of health
- Population health including health indicator databases
- Geography of health “ urban/regional/rural/remote health profiles including inequities
- Health behaviour “ including aspects, influential factors, and development over the lifespan
- The concept of nurse as carer for individuals, groups, communities and populations

Learning Tasks & Assessment:

Learning Task	Assessment	Weighting
Exploration of the determinants of individual health. (Weekly research and review task and final reflection summary)	Case Study - 2000 words	60%
Analysis of the role of the nurse in meeting the health care needs of an identified population in Australia.	Essay 1800-2000 words	40%

Adopted Reference Style:

APA

Handbook Summary:

This course provides an introduction to the concept of population health and builds upon the concept of nurse as carer. It explores contemporary concepts surrounding the physical and mental health and well-being of populations and how nurses apply measurement and assessment to identify and address health care deficits experienced by individuals, groups, communities and populations in Australia.