

Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	Comprehensive Assessment of the Older Adult
Unit ID:	HEALA6401
Credit Points:	30.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	060311

Description of the Unit:

This unit examines the comprehensive health assessment of the older adult as part of a speciality practice which is sensitive to meeting the needs of older adults through evidence based, person centred, best practice care. This unit will provide students with the skills and knowledge required to complete a comprehensive health assessment of the older adult in accordance with the Aged Care Quality Standards (Standard 3 Personal Care and Clinical Care). Students will refine their clinical assessment skills to conduct a focused, person centred health assessment of an older adult and interpret and analyse findings to inform a person centred plan of care, implementation and evaluation of care. Students will have the opportunity to apply theory to practice during this unit.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	■	■	■
Advanced	■	■	■	✓	■	■

Learning Outcomes:

Knowledge:

- K1.** Identify the components of a comprehensive health assessment of an older adult related to current status, alterations in health status and exacerbations of chronic conditions.
- K2.** Explain the importance of completing a comprehensive health assessment of an older adult in order to develop an individualised plan of care.
- K3.** Understand the needs of older adults in relation to specific requirements to promote health wellbeing, such as advocacy, and health education;
- K4.** Examine the use of evidence-based practice in relation to the comprehensive health assessment of the older adult in a variety of healthcare settings.

Skills:

- S1.** Develop a range of clinical skills, essential for a comprehensive health assessment of an older adult, and demonstrate competency in the assessment process;
- S2.** Demonstrate an understanding of the importance of establishing and maintaining therapeutic communication in meeting the needs of the older adult with altered health needs;
- S3.** Utilise communication techniques to assist with the transfer of information regarding the results of a comprehensive health assessment of an older adult between healthcare professionals in various healthcare settings

Application of knowledge and skills:

- A1.** Use the knowledge and skills gained in relation to a comprehensive health assessment of an older adult;
- A2.** Apply the knowledge and skills associated with a comprehensive health assessment of an older adult to effectively plan, deliver and evaluate care in various healthcare settings;
- A3.** Employ the knowledge and skills associated with clinical reasoning to complete a comprehensive health assessment of an older adult.

Unit Content:

- Baseline assessment
- Medical and surgical history
- Immunisation status
- Current medication regime and pharmacological assessment
- Physical function including ADL's, verbal / non verbal and recent falls
- Oral health and dentition
- Psychological function including cognition and mood
- Social function including paid or unpaid support, isolation
- Nutrition and hydration status
- Presence or absence of pain (including pain management)
- Differential diagnosis of delirium, dementia or depression
- The importance of the therapeutic relationship when caring for the older adult
- Sharing information following a comprehensive health assessment of an older adult with other healthcare

practitioners

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, A1	Critically discuss research informing the comprehensive assessment of the older adult.	Written Critical Appraisal of literature or Written Critical Essay	20-40%
K1, K2, K3, K4, S1, S2, S3, A1, A2, A3	Application of a comprehensive assessment of an older adult.	Case study	40-60%
K1, K2, K3, S1, S2, S3, A1, A2, A3	Application of understanding of comprehensive assessment of the older person	Quiz	10-30%
K1, K2, K3, S1, S2, S3, A1, A2	Satisfactory demonstration of clinically relevant knowledge associated with the advanced pathophysiology and pharmacology in the older adult	Assessment of key clinical knowledge within workplace practice.	S/U Hurdle

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

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