

Unit Outline (Higher Education)

Institute / School: Institute of Health and Wellbeing

Unit Title: Introduction to the Well Neonate

Unit ID: HEALN6101

Credit Points: 15.00

Prerequisite(s): Nil

Co-requisite(s): Nil

Exclusion(s): Nil

ASCED: 060303

Description of the Unit:

This course will introduce students to the well neonate and prepare them with the theoretical knowledge and skills to assess, examine and care for the newborn infant. Anatomy and physiology relating to the transition to extrauterine life and initial assessment will be explored together with ongoing assessment and care within the mother-baby dyad. Infant nutrition will be examined with reference to encouraging and supporting breastfeeding as a public health strategy. Students will develop an understanding of the socio-cultural elements surrounding the care of the well newborn and their families.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Learning Outcomes:

Knowledge:

- K1.** Identify the social-cultural context in the provision of safe and respectful care to babies and their families in Australia and globally, and with particular consideration of Aboriginal and Torres Strait Islander people and communities
- K2.** Outline the changes in anatomy and physiology of the fetus and newborn infant and describe successful adaptation to the extrauterine environment
- K3.** Describe the principles of assessment and ongoing care of the neonate with particular consideration of the mother-baby dyad
- K4.** Explain infant nutrition including supporting and encouraging breastfeeding as a public health strategy

Skills:

- S1.** Describe the elements of a comprehensive assessment of the neonate
- S2.** Demonstrate the process of neonatal assessment
- S3.** Employ reflective practice strategies to develop understanding of the potential impact of disrespectful care on the mother-baby dyad

Application of knowledge and skills:

- A1.** Implement strategies which promote and protect breast feeding and explore other feeding methods to support the newborn baby and maternal choices
- A2.** Utilise the clinical decision making process to demonstrate evidence-based knowledge and understanding of the care required by the baby and the family
- A3.** Apply approaches that support the family's need for privacy, dignity and respect, as well as their right to be informed and to make decisions regarding care of their baby

Unit Content:

The ACNN Australian College of Neonatal Nurses Standards for Practice (2019); ANMAC Midwife Accreditation Standards (2021); NMBA Midwife Standards for Practice (2018); NMBA Code of Conduct for the Midwife (2018), Code of Ethics for the Midwife (2014), NMBA Registered Nurse Standards for Practice (2016); NMBA Code of Conduct for nurses (2018) and Code of Ethics for nurses (2012) have substantially informed the syllabus/content of this course

- Conception
- Embryology
- Fetal circulation and placental function
- Transition to extrauterine life
- Thermoregulation
- Assessment of the healthy term newborn
- Care of well newborn
- Hygiene

- Elimination
- Sleep and settling
- Newborn Screening Test (NST)
- Vaccinations, including Vitamin K and Hep B
- Hearing screening
- Introduction to newborn feeding
- Newborn discharge home
- Newborn safety
- Safe sleeping (SUDI / SIDS)
- Home environment
- Exposure to cigarette smoke
- Car safety, including car seats
- Diversity in family centred care
- Legal factors
- Cultural diversity
- Child protection

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, A2	Examining the theoretical knowledge and concepts of conception, embryology, fetal circulation, placental function and transition to extrauterine life	Online test	20-30%
K4, S1, S2, S3	Discussion of theoretical concepts related to the examination/assessment and care of the well newborn within a family centred care framework using current literature	Written Assessment	10-30%
K3, K4, A1, A2, A3	Evaluation of contemporary literature in relation to an issue regarding care of the healthy newborn infant, which supports the development and presentation of health promotion/education material for consumers	Written Assessment Part A - Annotated bibliography Part B - Pamphlet	40-60%

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)