

# Unit Outline (Higher Education)

<b>Institute / School:</b>	Institute of Health and Wellbeing
<b>Unit Title:</b>	Mental Health Nursing Practice 2
<b>Unit ID:</b>	HEMTL6002
<b>Credit Points:</b>	15.00
<b>Prerequisite(s):</b>	Nil
<b>Co-requisite(s):</b>	Nil
<b>Exclusion(s):</b>	Nil
<b>ASCED:</b>	061301

## Description of the Unit:

This is the second mental health nursing practice unit that provides an opportunity for students to continue to examine mental health practice from the perspective of a strengths-based framework. This will also provide an opportunity to interrogate mental health practice through nursing assessments, therapeutic interactions with consumers and the multidisciplinary team, and planning, implementing and evaluating safe and collaborative nursing interventions including psychoeducation. This unit will also facilitate a deeper engagement with contemporary debates and ethical considerations in mental health practice including the use psychotherapeutic and other interventions within the recovery-orientated practice model. This unit enhances the knowledge about various mental health assessments and management for health practitioners working in mental health settings

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

## Work Experience:

No work experience

**Placement Component:** No

**Supplementary Assessment:** Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

**Course Level:**

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Learning Outcomes:

#### Knowledge:

- K1.** Explain the principles that underpin inter-professional practice in mental health service provision and the contribution of each professional group to effective care
- K2.** Demonstrates the role of the mental health nurse in a multi- disciplinary and multi-professional approach to treatment and recovery
- K3.** Demonstrate a critical understanding of the key models and theories of mental health care as they are applied to mental health practice

#### Skills:

- S1.** Identify the role of the mental health nurse as a therapist and synthesise skills in assessment and triage of clients with mental illness
- S2.** Utilise advanced critical reflection skills to enhance clinical practice in mental health
- S3.** Initiate, plan and implement approaches which support the rights of people with mental health issues and their carers to access and participate in their care and recovery

#### Application of knowledge and skills:

- A1.** Critically evaluates models of care relevant to the care continuum, to inform co-constructed personalized care strategies which meet the consumer's life needs as well as health needs
- A2.** Exercises enhanced clinical judgement and decision-making and insight into specialist mental health nursing in pursuit of optimal outcomes for the person and their family
- A3.** Engages in collaborative critical reflection on mental health nursing practice through clinical supervision and achievement of lifelong learning outcomes

#### Unit Content:

Topics may include: Diagnostic Systems used in Mental Health Assessments in mental health Inter-professional practice Self-care in mental health nursing

#### Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, S3, A1, A2, A3	Evidence based mental-health practice assessment (A) Content covered in class	Oral or pre-recorded presentation of a non-complex clinical case-study with supporting written critical reflection	40-60%
K1, K2, K3, S1, S2, S3, A1, A2, A3	Evidence based mental-health practice assessment (B) Content covered in class	Oral or pre-recorded presentation of a complex clinical case-study with supporting written case outline and critical reflection	40-60%

**Adopted Reference Style:**

APA ()

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)