



Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	ADVANCED THERAPEUTIC SKILLS
Unit ID:	HEMTL6004
Credit Points:	30.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	060305

Description of the Unit:

In this unit students will learn about a range of psychological and counselling interventions. This will include exploration of the theoretical foundations and major models within each intervention. Students will be supported to develop their own unique methods toward psychological interventions with their clients and develop improved self-awareness.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

Not wholly work experience: Student is not undertaking work experience in industry or student is undertaking work experience in industry where learning and performance is directed by the provider.

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Advanced	■	■	■	■	✓	■

Learning Outcomes:

Knowledge:

- K1.** Develop a greater awareness of self and the ways in which personal attributes affect interaction with clients and others
- K2.** Discuss a range of contemporary issues in psychological interventions
- K3.** Explain the cultural and psychosocial aspects which influence the development of a therapeutic relationship and counselling role

Skills:

- S1.** Demonstrate acquisition of communication skills required for effective psychotherapeutic interaction
- S2.** Plan interventions and establish goals to meet the needs of the client
- S3.** Practice the relevant skills for effective counselling in a variety of clinical settings

Application of knowledge and skills:

- A1.** Critically analyse a variety of approaches to psychological interventions
- A2.** Critically appraise the evidence available regarding the efficacy of the approaches to psychological interventions

Unit Content:

- Understanding Self-disclosure
- Interactive styles, approaches and methods
- Developing advanced helping skills and processes
- Client characteristics and traits
- Assessing clients
- Mutual goal setting
- Specific therapies: CBT, DBT, brief psychotherapy, anxiety, grief and loss
- Terminating interactions

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1,K2, K3, S1, A1, A2	Application of knowledge and skills Online discussions	Contribute to four Online Discussion Forums	30-50%
K2, K3, S2, A1, A2	Application of knowledge and skills Analysis of clinical case study	Case Study	20-40%
K2, K3, S2, A1, A2	Application of knowledge and skills All content	Written Assignment	20-40%
K1, S1, S2, S3, A1, A2	Application of knowledge and skills All content assessment by mentor	Mentor assessment / Workshop	S/U

Alignment to the Minimum Co-Operative Standards (MiCS)

The Minimum Co-Operative Standards (MiCS) are an integral part of the Co-Operative University Model. Seven criteria inform the MiCS alignment at a Course level. Although Units must undertake MiCS mapping, there is NO expectation that Units will meet all seven criteria. The criteria are as follows:

1. Co-design with industry and students
2. Co-develop with industry and students
3. Co-deliver with industry
4. FedTASK alignment
5. Workplace learning and career preparation
6. Authentic assessment
7. Industry-link/Industry facing experience

MiCS Course level reporting highlights how each Course embraces the principles and practices associated with the Co-Operative Model. Evidence of Course alignment with the MiCS, can be captured in the Course Modification Form.

MICS Mapping has been undertaken for this Unit No

Date:

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)