

# Course Outline (Higher Education)

<b>School:</b>	School of Nursing and Healthcare Professions
<b>Course Title:</b>	MIDWIFERY: PUBLIC & PRIMARY HEALTHCARE
<b>Course ID:</b>	MIDGD6002
<b>Credit Points:</b>	15.00
<b>Prerequisite(s):</b>	Nil
<b>Co-requisite(s):</b>	Nil
<b>Exclusion(s):</b>	Nil
<b>ASCED:</b>	060303

## Description of the Course :

In this course students analyse selected social, cultural and political factors shaping womens health, particularly those relating to reproduction, childbirth and family development in multicultural Australia. The course focuses upon the experience of motherhood in diverse cultural groups, maternal and perinatal health of Aboriginal and Torres Strait Islander people, and contemporary reproductive health issues. This course will also introduce students to the interrelationship of midwifery practice as primary health, maternity care and public health. The impact of maternity care on maternal and infant health will be discussed within the context of its individual and social determinants of health. Against these factors the role of midwifery as primary health care will be explored in relation to health promotion and education in pregnancy, birth, parenting and lactation, and fertility regulation. This course works toward putting into context for the student, the nature and scope of midwifery practice and places it as central to securing improved maternal and infant health outcomes.

**Grade Scheme:** Graded (HD, D, C, etc.)

## Work Experience:

No work experience: Student is not undertaking work experience in industry.

**Placement Component:** No

**Supplementary Assessment:** Yes

Where supplementary assessment is available a student must have failed overall in the course but gained a final mark of 45 per cent or above and submitted all major assessment tasks..

## Program Level:

AQF Level of Program						
	5	6	7	8	9	10
<b>Level</b>						
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	✓	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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AQF Level of Program						
	5	6	7	8	9	10
Level						
Advanced						

## Learning Outcomes:

### Knowledge:

- K1.** Critically examine screening in pregnancy in its public health context and the ramifications for maternal and infant health;
- K2.** Discuss Aboriginal and Torres Strait Islander peoples history, health and culture identifying strategies for delivery of effective care
- K3.** Outline the health and well-being issues for people living in rural and remote Australia including access and equity to healthcare
- K4.** Identify and explore cultural safety for women of diverse cultures and ethnic backgrounds including Aboriginal and Torres Strait Islander women; students will critique their own cultural background and how this impacts upon personal attitudes and expectations when providing care
- K5.** Explore the impact of contemporary living and lifestyle factors on maternal and infant health during the childbearing year and beyond;

### Skills:

- S1.** Demonstrate theoretical understanding and skills development in education and counselling for health promotion in relation to the childbearing continuum.
- S2.** Demonstrate competence in the provision of discerning, discriminating, safe midwifery care in a variety of contexts and complexity of environment based upon the Nursing and Midwifery Board of Australia (NMBA) Midwife Standards for Practice (2018).
- S3.** Demonstrate an understanding of the use and applications of psychosocial screening tools in the perinatal period

### Application of knowledge and skills:

- A1.** Analyse the concept of cultural safety and the implications for midwifery practice;
- A2.** Discuss the individual and social determinants of health and ill health in relation to childbearing and their impact on perinatal outcomes;
- A3.** Critically examine the WHO and ICM role of the midwife as primary health care provider for women of diverse cultures and ethnic backgrounds;
- A4.** Discuss maternity care and its impact on long term maternal and infant health;
- A5.** Critique the role of midwives in the broader context of public and primary health care provision;
- A6.** Demonstrate midwifery competency based upon the NMBA Midwife Standards for Practice (2018).

## Course Content:

*The ANMAC National Accreditation Standards for the Midwife (2014); NMBA Midwife Standards for Practice (2018); NMBA Code of Conduct for the Midwife (2018) and Code of Ethics for the Midwife (2014) have substantially informed the syllabus/content of this course.*

<b>Modules</b>	<b>Midwifery theory</b>
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<b>1: Public and primary health care</b>	<ul style="list-style-type: none"> <li>• Defining public and primary health care</li> <li>• Alma Ata and its relevance for Australian maternity care and midwifery practice</li> <li>• Models of public and primary health in Australian maternity care</li> <li>• Public and primary health care practice in midwifery:</li> <li>• Impact of maternity care on maternal and infant health</li> <li>• The public health context of screening during the childbearing year</li> <li>• Public health surveillance and the role of the midwife</li> </ul>
<b>2: Individual and Social determinants of health</b>	<ul style="list-style-type: none"> <li>• The concept of health: definitions of health and illness, social and cultural perspectives</li> <li>• The social determinants of health and ill health in relation to childbearing and their impact on perinatal outcomes;</li> <li>• Impact of contemporary living and lifestyle factors on maternal and infant health during the childbearing year and beyond;</li> <li>• Understanding our own values and beliefs, and how they may impact on childbearing women and families</li> <li>• The inverse care law</li> </ul>
<b>3: Aboriginal and Torres Strait Islander Peoples</b>	<p>Overview of Aboriginal and Torres Strait Islander peoples</p> <ul style="list-style-type: none"> <li>• History &amp; Culture</li> <li>• Social and economic circumstances</li> <li>• Social determinants of Aboriginal and Torres Strait Islander peoples health</li> <li>• Perinatal outcomes for Aboriginal and Torres Strait Islander people</li> <li>• Cross cultural communication</li> <li>• Maternity and primary health care for Aboriginal and Torres Strait Islander childbearing families</li> <li>• Strategies for providing effective health and maternity care for Aboriginal and Torres Strait Islander childbearing families</li> <li>• Cultural safety issues for Aboriginal and Torres Strait Islander peoples</li> </ul>
<b>4: Cultural Safety</b>	<ul style="list-style-type: none"> <li>• Models of midwifery care</li> <li>• Socio-economic, psychosocial and cultural difference</li> <li>• Principles of cultural safety</li> <li>• Cultural safety and the implications for midwifery care</li> <li>• Choice in maternity care</li> <li>• Midwifery partnership</li> </ul>
<b>5: Midwifery care and health promotion</b>	<ul style="list-style-type: none"> <li>• Health promotion in midwifery practice</li> <li>• Health promotional strategies in sexual and reproductive health</li> <li>• Counselling in reproductive health and fertility regulation</li> <li>• Health promotional strategies in infant feeding</li> <li>• Adult learning theories</li> <li>• Introduction to childbirth education</li> </ul>

## Values:

- V1.** Understand the importance of woman-centred care within the promotion of health and wellness including mental health for individuals.
- V2.** Appreciate the importance of teaching and learning in managing self and others to facilitate continuous quality improvement in midwifery care.
- V3.** Appreciate the complexity of the global individual and social determinants that impact upon the health of individuals, groups, communities and populations in an Australian and international context.
- V4.** Appreciate theoretical approaches that aid in the understanding of the development of a cultural identity and how these apply to Aboriginal & Torres Strait Islanders childbearing families.
- V5.** Recognise culturally safe practice in the care of Australia's First people and all other cultures, and respect for other students, their values, opinions and backgrounds.

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## Graduate Attributes:

FedUni graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical, creative and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens.

The Graduate Diploma of Midwifery is a graduate capabilities outcomes-based curriculum. This course develops and/or assesses the following Federation University Australia and Midwifery Graduate Capabilities/Attributes. The NMBA Midwife Standards for Practice (2018);

Federation University Graduate Attributes	MIDWIFERY Graduate Capabilities	Low focus	Medium focus	High focus	Assessed
<b>Responsible, ethical, engaged</b> Social/cultural perspectives Local/national/international communities	1. Professional and ethical decision maker	X			
	2. Politically astute, situational leader and citizen	X			X
	3. Socially and culturally aware agent for change	X			X
<b>Critical, creative and enquiring</b> Problem solver Ongoing learning	4. Critical thinker adept in clinical reasoning & Creative problem solver Reflective practitioner				
	5. Life-long researcher	X			
	6. Skilled therapeutic Communicator		X		
<b>Capable, flexible and work ready</b> Communication skills Independent & collaborative worker	7. Collaborative Maternity Team Member		X		X
	8. Woman-centred, caring, safe professional practitioner		X		X
	9 Safe, competent, and skilled practitioner		X		X

## Learning Task and Assessment:

A 15 credit point course will involve a minimum of 150 hours of learning. For every one hour of teacher directed learning there will be a minimum of two hours of student/learner directed learning. The *Teacher-directed* hours of student learning in this course will be experienced primarily through teaching innovations such as interactive technology enhanced lectures, class discussions, audio-visual presentations, flexible blended and on-line learning, low and high fidelity simulations, exploration of case studies and inquiry-based learning. Active participation is encouraged during class sessions. Attendance at all clinical placement hours and classes is compulsory.

*Learner-directed* hours will include focused self-directed learning activities, simulated laboratory learning, practice and reflection on practice, and role modelling. Students are expected to access electronic research databases and use computers to facilitate learning.

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Learning Outcomes Assessed	Learning Tasks	Assessment Type	Weighting
K3, K4, S1, S2, A1, A3	Cultural awareness and safety; midwifery partnership; and education	Group activity: Childbirth education - Plan - Presentation - Written reflection Summative assessment	45-55%
K1, K2, K5, A2-5	Health promotion	Poster presentation (oral and written) - summative assessment	45-55%
S2, S3, A1-6	Un-graded Assessment of Midwifery Practice	Completion of 160 clinical hours. Submit completed clinical appraisal. Completion of 6 Clinical Assessment Tools to an 'assisted' level.	Satisfactory/ unsatisfactory

## Adopted Reference Style:

APA