

# Unit Outline (Higher Education)

<b>Institute / School:</b>	Institute of Health and Wellbeing
<b>Unit Title:</b>	Nursing Practice 1: Introduction to Person-Centered Nursing Practice
<b>Unit ID:</b>	NURBN1013
<b>Credit Points:</b>	15.00
<b>Prerequisite(s):</b>	Nil
<b>Co-requisite(s):</b>	Nil
<b>Exclusion(s):</b>	Nil
<b>ASCED:</b>	060301

## Description of the Unit:

This unit begins from the premise that sound assessment skills are at the core of safe, person-centred care. Students will be introduced to the principles of culturally appropriate comprehensive physical and mental health and wellness assessment across the lifespan. It will explore the place of assessment within the clinical reasoning cycle. Students will be provided with the skills and knowledge to assess hazards within the workplace and contribute to Workplace Health and Safety (WHS). The unit explores the essential elements of effective person-centered assessment including evidence-based assessment frameworks and nursing clinical judgement, communication and e-documentation in assessment, strategies for decision-making, problem-solving solving and critical thinking for assessment practice, as well as basic psychomotor skills essential for comprehensive, systematic health assessment. Students will be provided with experience in a health and illness context, including providing palliative care, to begin to apply and develop their foundational assessment skills for future situationally aware practice with increasing complexity.

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

## Work Experience:

No work experience

**Placement Component:** No

**Supplementary Assessment:** Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

**Course Level:**

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory			✓			
Intermediate						
Advanced						

**Learning Outcomes:**
**Knowledge:**

- K1.** Describe the frameworks that inform culturally appropriate nursing health and mental wellbeing assessment across the lifespan
- K2.** Identify normal and abnormal findings in a basic nursing assessment and articulate the theoretical foundation that underpins holistic assessment
- K3.** Develop strategies for decision-making, problem solving and critical thinking for assessment practice
- K4.** Explore the concepts of person-centered care

**Skills:**

- S1.** Demonstrate a systematic approach to person-centered assessment across the life span, utilising primary and secondary surveys
- S2.** Incorporate foundational basic psychomotor skills into a culturally appropriate, clinically reasoned, and systematic health assessment
- S3.** Assess hazards within the workplace and contribute to Workplace Health and Safety.

**Application of knowledge and skills:**

- A1.** Perform person-centred and systematic health assessment, utilising the principles of clinical reasoning in a health and illness context
- A2.** Demonstrate a beginning level capacity for situationally aware decision making in the health and illness context, through ongoing person-centred and systematic health assessment
- A3.** Apply evidence-based assessment frameworks and nursing clinical judgement and decision making, communication and documentation in assessment

**Unit Content:**

The current NMBA Registered Nurse Standards for Practice, NMBA Code of Conduct for Nurses, Code of Ethics for Nurses, National Safety and Quality Health Service Standards, Aged Care Quality Standards, National Health Priority Areas and where applicable the NMBA National Competency Standards for the Midwives, NMBA Code of Conduct for Midwives, ICM/NMBA Code of Ethics for Midwives have informed the content development of this unit.

Topics include:

National Safety and Quality Health Service Standards for safe person-centred care across the lifespan.

Frameworks for comprehensive health assessment and clinically reasoned decision-making.

Develop and assess problem-solving, critical thinking skills and nursing attributes for practice.

Explore concepts of person-centered care across the lifespan Introduction to foundational psychomotor skills that inform a beginning level, systematic physical and mental wellness health assessment.

Communication skills for assessment.

Culturally and contextually appropriate approaches to systematic physical and mental wellness health assessment.

Knowledge and skills related to analysing and documenting health information.

Principles and practice of a range of foundational nursing skills.

### Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, K4, S1, S2, S3, A1, A2, A3	Attendance at Active Learning Sessions	80% Attendance at Active Learning Sessions	S/U Hurdle
K1, K2, K3, K4, S1, S2, S3, A1, A2, A3	Attendance and engagement through clinical laboratory sessions.	100% attendance at clinical laboratories	S/U Hurdle
K2, K3, S2, S3, A1, A2, A3	Assessment of foundational clinical nursing skills.	Clinical Skills Assessment	S/U Hurdle
K2, K3, S3, A1, A2, A3	Students will respond to a written case study based on person centred nursing practice.	Case Study	30-50%
K1, K2, K3, K4, S3	Students will undertake an online exam focussing on knowlegde and skills associated with person centered care.	Examination	30-50%
K2, K3, S2, S3, A2, A3	Assessment of foundational clinical nursing skills.	Clinical Skills Assessment	10-30%

### Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

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