



Unit Outline (Higher Education)

Institute / School: Institute of Health and Wellbeing

Unit Title: Professional Practice: Stage 1

Unit ID: PSYCM7011

Credit Points: 15.00

Prerequisite(s): Nil

Co-requisite(s): Nil

Exclusion(s): (PSYCP7004)

ASCED: 090701

Description of the Unit:

This unit provides a foundation for clinical practice in psychology, and includes both theoretical and practical learning components. Topics include: ethical and professional issues, counselling and clinical interviewing skills, risk assessment, record keeping, and self-care in professional psychological practice.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: No

Supplementary Assessment: No

Supplementary assessment is not available to students who gain a fail in this Unit.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Learning Outcomes:

Knowledge:

- K1.** Explain the ethical and legal responsibilities that underpin the practice of clinical psychology.
- K2.** Articulate the role and components of mental status examinations, and the procedures for assessing risk of harm to self and others.
- K3.** Describe methods and strategies for personal stress management and self-care.

Skills:

- S1.** Demonstrate critical evaluation skills and systematic decision making skills when applying ethical and legal principles to clinical practice.
- S2.** Demonstrate counselling and clinical interviewing skills with a clear focus on developing and maintaining respectful relationships with clients, and promoting, restoring, or enhancing well-being.
- S3.** Perform skills required for clinical assessment, diagnosis, case formulation, and treatment planning.
- S4.** Demonstrate the capacity to reflect on the impact of professional work on well-being, and recognise the importance of integrating stress management strategies into clinical practice.

Application of knowledge and skills:

- A1.** Obtain accurate assessment information using skilled interviewing techniques and apply this information to create theory-driven formulations and evidence-based treatment plans.
- A2.** Using reflective skills to evaluate personal stress and the impact on professional functioning, and developing effective stress management and self-care approaches

Unit Content:

Topics may include:

Ethical and legal responsibilities in clinical practice

Ethical decision-making processes

Counselling and clinical interviewing skills

Mental status examinations & risk assessment

Reflective practice and self care

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, S1, A1	Quiz - professional and ethical issues in psychological practice	Test	10-20%
K2, S2, S3, A1	A clinical interview and case note	Practical and written task	50-80%
K3, S4, A2	Self Care Plan	Written task	10-30%

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

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