



# Unit Outline (Higher Education)

|                            |                                   |
|----------------------------|-----------------------------------|
| <b>Institute / School:</b> | Institute of Health and Wellbeing |
| <b>Unit Title:</b>         | ADVANCED CLINICAL INTERVENTIONS   |
| <b>Unit ID:</b>            | PSYCM7125                         |
| <b>Credit Points:</b>      | 15.00                             |
| <b>Prerequisite(s):</b>    | (PSYCM7017)                       |
| <b>Co-requisite(s):</b>    | Nil                               |
| <b>Exclusion(s):</b>       | Nil                               |
| <b>ASCED:</b>              | 090701                            |

## Description of the Unit:

This unit will extend students' skills and knowledge in Cognitive Behavioural Therapy and covers advanced skills and techniques involved in psychological interventions for working with complex client presentations. There is a strong experiential focus within the unit and a clear emphasis on clinical relevance and practice. Students work with several cognitive-behaviourally based therapies to gain experience applying different therapeutic constructs and techniques to a range of moderate to severe clinical disorders.

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

## Work Experience:

No work experience: Student is not undertaking work experience in industry.

**Placement Component:** No

**Supplementary Assessment:** No

Supplementary assessment is not available to students who gain a fail in this Unit.

## Course Level:

| Level of Unit in Course | AQF Level of Course      |                          |                          |                          |                                     |                          |
|-------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-------------------------------------|--------------------------|
|                         | 5                        | 6                        | 7                        | 8                        | 9                                   | 10                       |
| Introductory            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Intermediate            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Advanced                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

**Learning Outcomes:****Knowledge:**

- K1.** Demonstrate strong knowledge of the theoretical basis of different evidence-based therapeutic approaches, and the application of clinical theory to the aetiology, progression, and recovery of psychological disorders, including predisposing, perpetuating and protective factors.
- K2.** Critically evaluate the similarities and differences between the content of formulations and intervention strategies for different therapeutic approaches.
- K3.** Critique the evidence base for the efficacy of different therapies for moderate, severe and complex psychological disorders, using contemporary, peer-reviewed research publications.
- K4.** Identify, articulate and apply advanced intervention techniques for treating adult psychological disorders.
- K5.** Assess the ethical, professional, legal and pragmatic matters that arise in the use of different therapeutic approaches with different clinical populations.
- K6.** Evaluate, select, and apply therapeutic interventions in a culturally responsive manner.
- K7.** Identify the implications and risks of inappropriate therapeutic techniques in clinical populations.

**Skills:**

- S1.** Demonstrate competency in developing individualised treatment plans based on case conceptualisations across multiple treatment modalities.
- S2.** Select and tailor techniques to develop clinical interventions that are appropriate for the individual client and the nature and severity of their clinical presentation.
- S3.** Create an integrated approach to the diagnosis, case formulation, and treatment planning of complex/severe client presentations.
- S4.** Evaluate the current evidence base for the application of psychological therapy and ethical decision-making skills in treatment planning for moderate to severe mental illness.
- S5.** Differentiate relevant professional, ethical and relationship qualities necessary for working with individuals in the context of mental health treatment.
- S6.** Monitor and evaluate symptom change, and implement treatment modifications based on evolving case formulation and appraisal of clients' progress throughout therapy.

**Application of knowledge and skills:**

- A1.** Demonstrate advanced understanding of the importance of using a theoretical framework and evidence-based techniques to select and deliver therapeutic interventions.
- A2.** Demonstrate advanced skills in evaluating clinical literature critically, and using this knowledge to inform a scientist-practitioner approach to clinical practice and complex presentations.
- A3.** Demonstrate competency in synthesising and communicating case material, including case formulations and treatment plans, in both oral and written formats.

**Unit Content:**

Topics may include:

- Principles of cognitive-behavioural models of treatment
- Schema Therapy
- Dialectical Behaviour Therapy (DBT)
- Acceptance and Commitment Therapy
- Metacognitive Therapy

**Learning Task and Assessment:**

Students are required to receive a minimum pass grade of 50% for every assessment task. Should a student not achieve this standard on an assessment task, they will receive feedback and have the opportunity to resubmit the assessment task. They will be able to gain no higher than a Pass grade for the resubmission.

| Learning Outcomes Assessed | Assessment Tasks  | Assessment Type              | Weighting |
|----------------------------|---|------------------------------|-----------|
| K1, K4, K6, S1-4, A1-3     | Collaborative case presentation and report.   | Oral presentation and report | 40-60%    |
| K1-7, S1-6, A1-3           | Individual written assignment. Students will demonstrate their knowledge of advanced evidence-based intervention techniques with reference to culture, risk and ethics in complex client presentations. | Written assignment           | 40-60%    |

**Adopted Reference Style:**

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)