

Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	CLINICAL HEALTH PSYCHOLOGY
Unit ID:	PSYCM7126
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	090701

Description of the Unit:

This unit extends students' knowledge and skills in clinical psychology principles and techniques to the promotion and maintenance of health and the prevention and treatment of illness. Students will develop knowledge and skills in assessment, formulation and intervention in health settings, psychological strategies to improve treatment adherence, and preparation for medical procedures. This unit will take a lifespan developmental approach and examine the role of clinical psychologists in supporting clients experiencing chronic, acute and psychosomatic health conditions in childhood and adolescence, adulthood and aging.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience: Student is not undertaking work experience in industry.

Placement Component: No

Supplementary Assessment: No

Supplementary assessment is not available to students who gain a fail in this Unit.

Learning Outcomes:

Knowledge:

- K1.** Explain the role of clinical psychologists in the promotion of health and management of health conditions.
- K2.** Identify and describe strategies for assessment, formulation and management of psychological distress in clients with acute, chronic or psychosomatic conditions

- K3.** Identify biopsychosocial and lifespan developmental factors associated with the onset of health conditions or increased risk of poor health.
- K4.** Articulate the relationship between psychological and physical health and describe theoretical models pertaining to health behaviour change.

Skills:

- S1.** Perform skills required for clinical assessment, formulation, treatment planning and intervention in clinical health psychology.
- S2.** Apply and evaluate models of behaviour change in a clinical health setting.
- S3.** Demonstrate professional oral and written communication skills.

Application of knowledge and skills:

- A1.** Generate assessment and treatment plans for clients
- A2.** Apply and evaluate models of behaviour change in a clinical health setting.

Unit Content:

Topics may include:

- Models of Health Behaviour
- Pain Management
- Treatment Adherence
- Preparation for medical procedures
- Psychological management of acute medical conditions
- Psychological management of chronic medical conditions
- Terminal illness and end of life.

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1 - K4 S1 - S4 A1, A2	Evidence based case study, formulation and treatment plan.	Written Report	40-60%
K3 - K5 S2-S4 A2	Evidence Based Clinical Health Intervention proposal.	Oral Presentation	40-60%

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

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