



Unit Outline (Higher Education)

Institute / School: Institute of Health and Wellbeing

Unit Title: Professional Practice: Stage 4

Unit ID: PSYCM7127

Credit Points: 15.00

Prerequisite(s): (PSYCM7013)

Co-requisite(s): Nil

Exclusion(s): (PSYCM7111)

ASCED: 090701

Description of the Unit:

This unit provides practical professional experience in clinical psychology, enabling students to attain an advanced level of clinical competency. This professional experience occurs within an approved external agency, under the supervision of a supervisor who has been approved by the Psychology Board of Australia, and who holds an Area of Practice Endorsement (AOPE) in Clinical Psychology.

Grade Scheme: Ungraded (S, UN)

Work Experience:

No work experience

Placement Component: Yes - days

Supplementary Assessment: No

Supplementary assessment is not available to students who gain a fail in this Unit.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Learning Outcomes:**Knowledge:**

- K1.** Describe the role and function of clinical psychology services within the placement organisation, and describe how these services contribute to the overall service provision model of the placement organisation, including the relationship with the work of multidisciplinary professionals.
- K2.** Demonstrate advanced and integrated knowledge of psychopathology, the aetiology, progression and recovery from psychological disorders, maintenance, risk, and protective factors.
- K3.** Exhibit advanced knowledge of clinical assessment strategies, the process of diagnosis and differential diagnosis, the development of ideographic, evidence-based formulations, and of advanced therapeutic techniques drawn from a range of empirically validated psychological therapies.
- K4.** Articulate knowledge of the professional, ethical and legal requirements and responsibilities involved in delivering clinical psychological services.
- K5.** Explain the aspects of professional work most likely to increase personal stress, and describe a range of evidence based and effective strategies for mitigating stress and promoting mental and physical wellbeing.

Skills:

- S1.** Assessing diverse clinical presentations using a combination of clinical interviewing techniques and psychometric measures to design theoretically based ideographic formulations as a basis for treatment planning.
- S2.** Designing, evaluating, and delivering coherent, individualised treatment plans with a strong theoretical and evidence-based foundation, to a range of mild to severe clinical presentations.
- S3.** Exhibiting advanced skills in monitoring treatment efficacy to evaluate progress and assess clinical outcomes effectively and accurately.
- S4.** Demonstrating competency in applying professional, ethical and legal standards to clinical work with diverse clients and in interactions with professional peers and supervisors.
- S5.** Using a professional writing style to record and communicate relevant information about clinical histories, assessments, formulations and treatment interventions and outcomes, in a variety of forms and adapted for a range of audiences.
- S6.** Engaging in accurate and balanced self-reflection, and in supervision, to evaluate professional knowledge and skills, and demonstrating competence in synthesising them to produce effective clinical interventions.

Application of knowledge and skills:

- A1.** Demonstrating the ability to draw on contemporary theoretical frameworks and evidence-based techniques to create and deliver therapeutic interventions for a diverse range of clients with moderate to severe mental illnesses.
- A2.** Monitoring clients' progress, evaluating symptom reduction, and therapeutic outcomes, while reflecting on and adjusting treatment through evolving case formulations.
- A3.** Evaluating the effectiveness of one's professional practice, identifying areas for improvement, and implementing changes where needed.

Unit Content:

Topics may include;

Orientation to the placement agency

Utilising clinical supervision effectively

Receiving and responding to feedback

Managing a caseload

Assessment and clinical interventions

Multidisciplinary models of clinical care

Managing client-related documentation appropriately

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K4	Placement Contract: documents the practical details of the placement, responsibilities, learning goals, and knowledge and skills to be achieved.	Written Task	S/U
K1, K2, K3, K4, K5, S1, S2, S3, S4, S5, S6, A1, A2, A3	Professional Practice Hours: the required hours for the three key aspects of the placement: direct client work; client-related work; and individual and group supervision are completed and documented in a Professional Log Book.	Practical and Written Task	S/U
K1, K2, K3, K4, K5, S1, S2, S3, S4, S5, S6, A1, A2, A3	Placement Review: a formal review process to evaluate progress towards achieving the learning goals occurs midway through the placement and at the end of placement.	Review	S/U

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

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