

Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	Integrating Psychological Research and Practice
Unit ID:	PSYCP4105
Credit Points:	15.00
Prerequisite(s):	(PSYCP6011)
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	090701

Description of the Unit:

Students will consider the importance of the therapeutic relationship and will gain a thorough understanding of techniques designed to build trust between client and helper. Use of evidence-based practice in psychological intervention will be emphasised, and students will acquire knowledge and skills in two evidence-based interventions (i.e., Motivational Interviewing and Cognitive Behavioural Therapy). Consideration will be given to evidence-based strategies that support change in clients, and that can be applied across diverse client groups and in several workplace settings.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	✓	■	■
Advanced	■	■	■	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Investigate and appraise evidence-based psychological practice
- K2.** Use evidence-based practice to analyse and interpret helping and change processes, and how evidence-based practice facilitates psychological work
- K3.** Describe and discuss the importance of the therapeutic relationship, and contemporary issues in psychological practice

Skills:

- S1.** Analyse and critically evaluate issues relevant to psychological training and practice
- S2.** Generate, analyse, select, and implement reflective responses to complex practical situations
- S3.** Evaluate evidence-based treatments
- S4.** Generate and transmit written reports

Application of knowledge and skills:

- A1.** Critically evaluate psychological literature and concepts and use well-developed judgement in considering the importance of these for practice and further professional training in psychology
- A2.** Identify and evaluate evidence-based practice in a manner that demonstrates an appropriate level of knowledge and judgement for a pre-professional psychologist
- A3.** Evaluate and communicate the value of the therapeutic relationship in psychological practice
- A4.** Demonstrate well-developed reflective practice skills and good judgement and responsibility in providing feedback to clients

Unit Content:

Topics may include:

1. The therapeutic relationship
2. Reflective practice techniques
3. Evidence-based practice in psychology
4. Motivational interviewing
5. Cognitive Behavioural Therapy
6. Strategies to support clients
7. Microskills

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, S1, S2, S4, A2, A4	Demonstration of knowledge of basic counselling skills applied to a specific client situation.	Video analysis	10-30%

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, S4, A1, A2, A3, A4	Demonstration of knowledge and application of basic and advanced counselling skills to a specific client situation.	Case Report	30-50%
K1, K2, K3, S1, S2, S3, S4, A1, A2, A3, A4	Mastery of unit content: Demonstrate knowledge of reflection, evidence-based interventions, and change strategies as they apply to psychological practice.	Test(s)	30-50%

Adopted Reference Style:

APA ()

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