Course Outline

School / Portfolio: Faculty of Education and Arts

Course Title: COUNSELLING & GROUPWORK SKILLS

Course ID: ATSGC1363

Credit Points: 15.00

Prerequisite(s): (ATSGC1362 and WELRO1001)

Co-requisite(s): Nil

Exclusion(s): Nil

ASCED Code: 090515

Program Level:

<table>
<thead>
<tr>
<th>AQF Level of Program</th>
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</thead>
<tbody>
<tr>
<td>5</td>
</tr>
<tr>
<td>Level</td>
</tr>
<tr>
<td>Introductory</td>
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<tr>
<td>Intermediate</td>
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<tr>
<td>Advanced</td>
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Learning Outcomes:

Knowledge:

K1. Examine key theories of engagement and counselling practice
K2. Identify the roles and responsibilities of an effective interviewer or counsellor
K3. Explore interviewing techniques and their purposeful use in the helping process

Skills:

S1. Demonstrate critically reflective, reflexive interviewing practices
S2. Implement effective interviewing skills to complete a counselling interview
S3. Critically analyse the purposeful use of a range of interview skills

Application of knowledge and skills:

A1. Integrate counselling theories into conducting an interview
A2. Demonstrate each stage of the process of a counselling interview
A3. Articulate the links between counselling theories and practice skills

Course Content:

Topics may include:

- Communication and perception
- Purpose of an interview
Course Outline

ATSGC1363 COUNSELLING & GROUPWORK SKILLS

- Essential personal qualities
- Basic Interviewing skills 1 & 2.
- Key aspects of an interview
- Interview processes and stages
- Identifying problems: partnerships for change
- The purpose of groups
- Key aspects of groups
- Group work skills

Values and Graduate Attributes:

Values:

V1. Understand and apply counselling, values, knowledge and skills in interviewing and counselling practice;
V2. Demonstrate the importance self-awareness and purposeful use of self in interviewing and counselling;
V3. Develop knowledge and skills for purposeful self-reflection to enable best practice counselling interviews and interventions;

Graduate Attributes:

<table>
<thead>
<tr>
<th>Attribute</th>
<th>Brief Description</th>
<th>Focus</th>
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<tbody>
<tr>
<td>Continuous Learning</td>
<td>Students develop their understanding of counselling and groupwork skills and practices</td>
<td>High</td>
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<tr>
<td>Self Reliance</td>
<td>Students develop skills in independent research and analysis concerning counselling and groupwork skills and practices</td>
<td>High</td>
</tr>
<tr>
<td>Engaged Citizenship</td>
<td>Students engage with ideas, concepts, debates and perspectives about professional practice and effective counselling skills</td>
<td>Medium</td>
</tr>
<tr>
<td>Social Responsibility</td>
<td>Students develop their understanding of ethical codes and practices in counselling and groupwork interventions</td>
<td>High</td>
</tr>
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Learning Task and Assessment:

<table>
<thead>
<tr>
<th>Learning Outcomes Assessed</th>
<th>Assessment Task</th>
<th>Assessment Type</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>K1, K2, K3, S2</td>
<td>Critically reflect on the qualities and strengths you bring into the role of interviewer and counsellor.</td>
<td>Reflective critical analysis assignment</td>
<td>10-20%</td>
</tr>
<tr>
<td>K1, K2, K3, S1, S2, S3 A1, A2, A3</td>
<td>Complete weekly workbook exercises drawing on interviewing and counselling theories and practice skills required for effective interviewing.</td>
<td>Workbook examination</td>
<td>30-40%</td>
</tr>
<tr>
<td>K2, K3, S1, S2, S3 A1, A2, A3</td>
<td>Evaluate your interviewing skills and qualities, and discuss the interview process.</td>
<td>Interview and analysis</td>
<td>30-40%</td>
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<tr>
<td>K2, K3, S1, S2, S3 A1, A2, A3</td>
<td>Actively engage with peers in triads to practice interviewing and counselling skills, and support each other’s skill development through providing constructive feedback</td>
<td>Participation: Tutorial or compulsory residential school</td>
<td>10-20%</td>
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**Adopted Reference Style:**

APA