

Course Outline

School / Portfolio: Faculty of Education and Arts

Course Title: COUNSELLING & GROUPWORK SKILLS

Course ID: ATSGC1363

Credit Points: 15.00

Prerequisite(s): (ATSGC1362 and WELRO1001)

Co-requisite(s): Nil

Exclusion(s): Nil

ASCED Code: 090515

Program Level:

AQF Level of Program						
	5	6	7	8	9	10
Level						
Introductory	■	■	✓	■	■	■
Intermediate	■	■	■	■	■	■
Advanced	■	■	■	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Examine key theories of engagement and counselling practice
- K2.** Identify the roles and responsibilities of an effective interviewer or counsellor
- K3.** Explore interviewing techniques and their purposeful use in the helping process

Skills:

- S1.** Demonstrate critically reflective, reflexive interviewing practices
- S2.** Implement effective interviewing skills to complete a counselling interview
- S3.** Critically analyse the purposeful use of a range of interview skills

Application of knowledge and skills:

- A1.** Integrate counselling theories into conducting an interview
- A2.** Demonstrate each stage of the process of a counselling interview
- A3.** Articulate the links between counselling theories and practice skills

Course Content:

Topics may include:

- Communication and perception
- Purpose of an interview

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- Essential personal qualities
- Basic Interviewing skills 1 & 2.
- Key aspects of an interview
- Interview processes and stages
- Identifying problems: partnerships for change
- The purpose of groups
- Key aspects of groups
- Group work skills

Values and Graduate Attributes:

Values:

- V1.** Understand and apply counselling, values, knowledge and skills in interviewing and counselling practice;
- V2.** Demonstrate the importance self-awareness and purposeful use of self in interviewing and counselling;
- V3.** Develop knowledge and skills for purposeful self-reflection to enable best practice counselling interviews and interventions;

Graduate Attributes:

Attribute	Brief Description	Focus
Continuous Learning	Students develop their understanding of counselling and groupwork skills and practices	High
Self Reliance	Students develop skills in independent research and analysis concerning counselling and groupwork skills and practices	High
Engaged Citizenship	Students engage with ideas, concepts, debates and perspectives about professional practice and effective counselling skills	Medium
Social Responsibility	Students develop their understanding of ethical codes and practices in counselling and groupwork interventions	High

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Task	Assessment Type	Weighting
K1, K2, K3, S2	Critically reflect on the qualities and strengths you bring into the role of interviewer and counsellor.	Reflective critical analysis assignment	10-20%
K1, K2, K3, S1, S2, S3 A1, A2, A3	Complete weekly workbook exercises drawing on interviewing and counselling theories and practice skills required for effective interviewing.	Workbook examination	30-40%
K2, K3, S1, S2, S3 A1, A2, A3	Evaluate your interviewing skills and qualities, and discuss the interview process.	Interview and analysis	30-40%
K2, K3, S1, S2, S3, A1, A2, A3	Actively engage with peers in triads to practice interviewing and counselling skills, and support each other's skill development through providing constructive feedback	Participation: Tutorial or compulsory residential school	10-20%

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Adopted Reference Style:

APA