Course Outline (Higher Education)

Faculty: Faculty of Education and Arts
Course Title: FOUNDATIONS STUDIO 2
Course ID: CPPSF1002
Credit Points: 15.00
Prerequisite(s): (CPPSF1001, CAXDC1001, CAXDC1002)
Co-requisite(s): Nil
Exclusion(s): Nil
ASCED Code: 100199

Description of the Course:
This course builds on the foundation of practice developed in Foundations Studio 1. It is divided into three strands: Acting, Dance and Voice.

Acting: Students will learn a variety of strategies for the emerging performer's approach to working within an ensemble. Students will be expected to develop personal rehearsal strategies that inform authentic connection to time, space, shape and body. This course will foster awareness of personal performance habits, and to investigate improvisation as a practical rehearsal tool.

Dance: The dance component of the course is taught in streamed classes, designed to develop technical foundations and co-ordination. Students work at a skill level relevant to their physical capacity and prior learning, which facilitates optimum learning outcomes.

Voice: This core discipline will resume the exploration of ‘use of self’ through the study of psychophysical awareness. Students will continue to practice voice, speech and signing activities to ensure a rich, flexible and expressive voice. They will build and refine skills in engaged neutrality, authentic body/voice connection, a theoretical and practical grasp of voice, speech and song through the study of breath, singing technique, vocal ensemble, vocal anatomy, voice and speech technique and body mapping.

Grade Scheme:
Graded (HD, D, C, etc.)

Program Level:

<table>
<thead>
<tr>
<th>AQF Level of Program</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Introductory</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Intermediate</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Advanced</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Learning Outcomes:
Course Outline (Higher Education)

CPPSF1002 FOUNDATIONS STUDIO 2

Knowledge:

K1. Define improved psychophysical balance through techniques such as Alexander and/or other bodywork principles.
K2. Examine reflexive breathing technique and its application to Acting, Dance and Voice.
K3. Classify vocal and physical physiology and its application to performance.
K4. Show an increase of strength, coordination and rhythm.

Skills:

S1. Practice taking creative risks.
S2. Extend the reflexive breathing process to meet the requirements in Acting, Dance and Voice.
S3. Discuss the elements of cooperating with the human design and recognise personal habituated vocal and movement patterns.
S4. Practice relaxation methods to improve adaptability, spontaneity and creatively within Acting, Dance and Voice.

Application of knowledge and skills:

A1. Demonstrate confidence, consistency, creative impulse and spontaneity in relationship to Acting, Dance and Vocal expression.
A2. Use the breath as an authentic source for emotional connection to Acting, Dance and Voice.
A3. Research a vocal & physical warm up and apply it to a daily practice.
A4. Exhibit vocal and physical flexibility, responsibility for healthy voice and body.
A5. Practice collaborative skills, including sharing, reflecting, questioning, giving feedback.
A6. Communicate a personal response to the work through discussion and practice.

Course Content:

Students explore, in a practice-based way, how Acting, Dance and Voice processes evolve into performance. They will participate in class performance activities and projects that make links between process-based work and performative outcomes.

Topics may include:

- Introduction to Laban and LeCoq
- Clowning
- Animal Studies
- Storytelling
- Verbatim
- Stretching methods
- Fitness and technique
- Various dance and movement forms
- Posture and alignment
- Improvised movement and dance
- Alexander Technique and/or other integrative body work practices
- Introduction to the work of key practitioners and theorists such as Kristen Linklater, Cicely Berry, Patsy Rodenburg, Barbara Houseman.

Values:

V1. Discipline, independence, respect, trust, generosity and focus
Course Outline (Higher Education)

CPPSF1002 FOUNDATIONS STUDIO 2

V2. Personal responsibility for own vocal and physical development
V3. Develop a regime of independent learning
V4. Personal and group ethics
V5. Professional attitude to all aspects of performance work
V6. Creative initiative, flexibility, openness, and the ability to express with imagination and conviction
V7. Receptivity to artistic feedback and the capacity to provide constructive feedback to others
V8. Self-organisation skill.

Graduate Attributes:

FedUni graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical, creative and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens.

<table>
<thead>
<tr>
<th>Attribute</th>
<th>Brief Description</th>
<th>Focus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowledge, skills and competence</td>
<td>Students can reflect critically on their performance practices and are developing an understanding of performance form and style</td>
<td>High</td>
</tr>
<tr>
<td>Critical, creative and enquiring learners</td>
<td>Students have developed a strong personal work ethic, skills to think and reason clearly, coherently and creatively. Student actors will be able to critically reflect on the effectiveness of their actions</td>
<td>High</td>
</tr>
<tr>
<td>Capable, flexible and work ready</td>
<td>Students have established emerging strategies for collaborating with other performing students, teachers and guest artists</td>
<td>Medium</td>
</tr>
<tr>
<td>Responsible, ethical and engaged citizens</td>
<td>Students will demonstrate cultural sensitivity to their own and other’s history and social forces by displaying a commitment to ethical action, interpersonal respect and social responsibility</td>
<td>Medium</td>
</tr>
</tbody>
</table>

Learning Task and Assessment:

<table>
<thead>
<tr>
<th>Learning Outcomes Assessed</th>
<th>Learning Tasks</th>
<th>Assessment Type</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>K1, K2, S2, S4, A1, A2, A5, A6</td>
<td>Engagement in studio practice of Acting; engagement in Studio practice of Dance; engagement in Studio practice of Voice</td>
<td>Ongoing Assessment based on presentations in class</td>
<td>50-60%</td>
</tr>
<tr>
<td>K4, S1, A4, A6</td>
<td>Work in progress is to be presented which demonstrates critical reflection and interpretation of information through physical and vocal expression</td>
<td>In-house ensemble performances</td>
<td>25-30%</td>
</tr>
<tr>
<td>K3, S3, A3, A6</td>
<td>Written Reflection</td>
<td>Journal/Essay/Workbook/Summative Report</td>
<td>10-25%</td>
</tr>
</tbody>
</table>

Adopted Reference Style:
Course Outline (Higher Education)

CPPSF1002 FOUNDATIONS STUDIO 2

Chicago