

School / Faculty: Faculty of Education and Arts

Course Title: HEALTH AND WELLBEING IN DIVERSE COMMUNITIES

Course ID: WELSI2200

Credit Points: 15.00

Prerequisite(s): (At least 30 credit points from ATSGC or WELRO or WELSI subject-area at 1000 level or above)

Co-requisite(s): Nil

Exclusion(s): Nil

ASCED Code: 090515

Grading Scheme: Graded (HD, D, C, etc.)

Program Level:

AQF Level of Program						
	5	6	7	8	9	10
Level						
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	■	■	■
Advanced	■	■	✓	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Examine health and mental health issues from a variety of perspectives including; practitioners, service-users and consumer advocates, locally, nationally and internationally
- K2.** Investigate the ways in which historical developments have shaped the delivery of health services, medical and other treatments and policy options around wellbeing
- K3.** Define what is meant by good health, mental health and wellbeing and how these definitions are socially constructed
- K4.** Locate social, cultural, political and economic structural factors in the health and mental wellbeing of all peoples
- K5.** Critically evaluate the range of policies and practices that influence the health and mental health agenda and their impact on equity and access issues

Skills:

- S1.** Explore literature and distil key concepts and contemporary developments
- S2.** Communicate social determinants of health to a variety of audiences
- S3.** Communicate critiques of health, mental health and wellbeing

Course Outline (Higher Education)

WELSI2200 HEALTH AND WELLBEING IN DIVERSE COMMUNITIES

- S4.** Communicate a variety of perspectives about health, mental health and wellbeing

Application of knowledge and skills:

- A1.** Apply contemporary perspectives about health, mental health and wellbeing to practices in community and human services
- A2.** Communicate with a variety of individuals and communities around the social determinants of health

Course Content:

This course explores the social, political and cultural issues related to health, mental health and wellbeing in Australian and international communities. What is meant by health and mental health will be explored within the social construction of knowledge. Particular attention will be given to health and mental health policies, practices and research and their impact on health equity and access to services for differently placed individuals and communities.

Values and Graduate Attributes:

Values:

- V1.** Develop an attitude of scholarly enquiry and an enthusiasm for knowledge about health mental health and wellbeing
- V2.** Apply principles of self-directed learning in a co-operative education environment
- V3.** Develop attitudes to change which reflect real world scenarios

Graduate Attributes:

graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical, creative and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens.

Attribute	Brief Description	Focus
Knowledge, skills and competence	Engage with contemporary debates which impact the lives of individuals and communities	Medium
Critical, creative and enquiring learners	Be able to engage with current developments which impact practice frameworks	Medium
Capable, flexible and work ready	Communicate contemporary developments and practice frameworks to colleagues, individuals and communities	High
Responsible, ethical and engaged citizens	Engage with individuals in terms of positive wellbeing	High

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Task	Assessment Type	Weighting
K1, K2, K4 S1, S2 A1	Analysis of a health, mental health or wellbeing policy vision statement	Report	20 - 25%

Course Outline (Higher Education)

WELSI2200 HEALTH AND WELLBEING IN DIVERSE COMMUNITIES

Learning Outcomes Assessed	Assessment Task	Assessment Type	Weighting
K3, K4 S2, S3 A1, A2	Recognising and responding to health, mental health and wellbeing in a community context	Project	30 - 40%
K3, K4, K5 S3, S4 A1, A2	Analysis of contemporary health, mental health and/or wellbeing practice frameworks	Essay	35 - 50%

Adopted Reference Style:

APA